

Cochituate State Park

Department of Conservation and Recreation



JULY PROGRAM SCHEDULE



All Programs are **FREE** and open to the public. There is a \$5.00 parking fee. Bring water, wear sunscreen/bug spray, dress in layers, and wear good footwear. An adult must accompany children. Rain cancels. Reasonable accommodations available upon request.

TUESDAYS On-the-Beach It's Sand, Man!

12:30 - 1:30pm What is sand? What materials make up the substance? Sift sand with the interpreter to learn about our beaches. Games too. Ages 5 - 13.

WEDNESDAYS **Kidleidoscope** Meet at the Nature Center!

10:00 – 11:00am Nature based fun for ages 3-5. Activities (stories, games, crafts,

exploration) and topics rotate weekly.

THURSDAYS

Water Comes to Boston! On-the-Beach

1:00 – 3:00pm Learn the Lake Cochituate history and its role in fresh water in

Boston. Help build a model aqueduct. Ages 6 and up.

(No program on 7/4 and 7/18)

FRIDAYS

Critter of the Day On-the-Beach

Learn about the wildlife that live in and around the park. Each week 1:30-3:00pm

will feature a different critter. Ages 6 and up.

(No program on 7/5)

SATURDAYS

Sandy Art **On-the-Beach**

Meet with the interpreter to learn about wildlife – then make it in the 12:30 – 1:30pm

sand! Materials provided. Ages 6 and up.

(No program on 7/6 and 7/27)

TUES. & SAT.

Nature Center Open

2:00 – 4:00pm WEDNESDAYS

Stop by the nature center to explore nature displays, make a craft, read a story, participate in an activity, or sign out a Discovery Pack

1:00 – 4:00pm and explore the park on your own.

Cochituate State Park & Nature Center – 43 Commonwealth Rd. (Rt. 30)

Natick, MA 01760 Tel. (508) 653-9641